



E-Bulletin from National Association for Patient Participation Issue Number 141 June 2019

1. Latest N.A.P.P. News.

a. N.A.P.P. Conference “Celebrating General Practice, Quality for Patients”

Over 100 delegates participated in the event on 15th June in Gloucestershire. The feedback was overwhelmingly enthusiastic. For the first time, the proceedings were live-streamed and reached 135 more people who watched and listened to all or part of it during the day. Videos from our 2019 conference are available to members [here](#)

b. PPG Awareness Week: 10th - 15th June

Radio Broadcast: PPGs and Why do they matter: An interview with our President Dr Patricia Wilkie, Chair Folarin Majekodunmi and Gemma Jackson, Chair of Corkill Award winning PPG, was broadcasted on several local radio stations. Listen [here](#) (click on the N.A.P.P. logo and fast forward first 40 seconds)

Let us know what your PPG did and how you used this opportunity to celebrate and publicise your PPG, recruit new members or deliver health messages. Do send examples of your **publicity materials, photos and/ or short reports** to admin@napp.org.uk

c. Corkill Award: This year’s 12 entries were almost all of a higher standard than in recent years, presenting the three judges with a challenging task. There were two joint winners. You can see and hear them describing their work in Video 2 [here](#)

- Crich PPG in Derbyshire focussed on supporting older residents, in particular those suffering from dementia
- The Thornton Practice in Lancashire whose “listening table” was credited by CQC as a contributing factor to the practice’s Outstanding rating

d. N.A.P.P.’s Charitable Status: The trustees thank the many PPGs which submitted proxy votes either by post or email. At the Annual General Meeting, it was agreed that the Board should proceed with the necessary steps to change its charitable status to that of a Charitable Incorporated Association (CIO)

2. RCGP Bright Ideas Awards

The Royal College of General Practitioners is calling for submissions to the [Bright Ideas Awards](#) where you can see last year’s winning submissions. – the awards celebrate innovations in primary care that have led to improvement

3. Primary Care Networks (PCNs)

a. [Frequently asked questions](#) NHS England has published two documents answering a number to support the publication of the GP contracting documents and the development of primary care networks.

b. What changes can patients expect to see? By 01 July, PCNs should cover the whole country. What are PCNs really for? Listen to this [PCN briefcast](#) to hear more about the process. And the importance of keeping patients involved.

4. Longer GP consultations

The Royal College General Practitioners has proposed that GP consultations be lengthened from 10 to 15 minutes by 2030, with flexibility for longer consultations for those who need them. Recent research showed that at an average 9.2 minutes the UK offers some of the shortest GP consultations among economically-advanced nations. Another study found that

the average GP consultation involved discussion of two and a half health problems. Currently, patients can request a 20 minute (double) consultation. [More....](#)

5. Community pharmacy guide for GPs

A number of PPGs have expressed concerns about the threat posed by the development of online pharmacies which deliver direct to patients. In many rural areas, community (local) pharmacies are a key resource for their communities. They deliver more than prescriptions. They can monitor and review what each patient's medication, and provide a source of advice and guidance on minor health matters. Use it or lose it!

The British Medical Association and PSNC, the body that represents community pharmacies, have published [a guide to community pharmacy for GPs and their practice teams](#). Full engagement of community pharmacy in the work of PCNs will be easier to achieve where local GPs and their teams have a clear understanding of how community pharmacies operate and the support they provide to patients and the public

6. Support for carers

- a. NHS England has published suggestions for improving how general practice can better identify and support carers. The new "framework" was developed in partnership with carers and general practices. Collectively, these provide a framework for improving how general practice can better identify and support carers of all ages. [More....](#)

- b. **Carers Innovation Fund**

A £5m carers innovation fund will invest in new projects to improve the wellbeing of unpaid carers. of all ages. [Find more here](#)

7. GPs urged to use resources to identify veterans'

NHS chiefs have urged family doctors to enlist in a scheme improving care for thousands of armed forces veterans and their families. GP practices have been sent resources to help them identify veterans and ensure that they can access mental and physical health care tailored to their needs. Those who join the scheme can become accredited as part of a growing network of "veteran-friendly" GP practices. [More](#)

8. Type 2 Diabetes: new online support

NHS advice will be offered online to people with type 2 diabetes to help them manage their condition via a first of its kind service. Eleven sites will now pilot the new service later this year, with a national roll out from 2020. Find out where and read more [here](#).

9. New online exercise resources for those with osteoporosis

The Royal Osteoporosis Society has launched a new set of online exercise videos and guides. The [guide](#) includes information on how exercise helps with osteoporosis and bone health, answers common questions, and provides exercises to promote bone and muscle strength. This follows last year's publication of Strong, Steady and Straight: an expert consensus statement on physical activity and exercise for osteoporosis designed for GPs advising patients on correct exercises and movements.

10. N.A.P.P. website: Don't miss out on this useful member benefit!

Our website Member pages contain **key resources available only to affiliated PPGs**. For login details, **visit the website, click on Members and use screen instructions**. We recommend each PPG to have a generic group email address as the username for the login.

11. **Reminder:** *Please email this bulletin to fellow members promptly. All previous bulletins can be found at <http://www.napp.org.uk/ebulletins.html>*

Edith Todd. Membership Administrator

June 2019