# The deFerrers Academy Health Roadshow December 2017, Student Feedback

**Session:** SARAC, Internet Grooming/Sexting Monday 18th Dec Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

### 1. How you found the workshop

Session	1	2	3	4	5	Total	%age
Scores							
1	1	3	0	0	0	4	2.63
2	0	1	1	1	0	3	1.97
3	7	7	5	4	1	24	15.79
4	17	17	12	14	17	77	50.66
5	4	3	11	13	13	44	28.95
Total	29	31	<b>29</b>	32	31	152	100.00

### 2. How you found the delivery of the presentation by the speaker(s)

						<u> </u>	•
Session	1	2	3	4	5	Total	%age
Scores							
1	1	2	0	0	0	3	1.97
2	1	0	1	1	0	3	1.97
3	1	7	6	4	1	19	12.50
4	17	13	12	11	13	66	43.42
5	9	9	10	16	17	61	40.13
Total	29	31	29	32	31	152	100.00

## 3. If you consider you have learnt new information from the session.

Session	1	2	3	4	5	Total	%age
Scores							
1	3	2	1	1	0	7	4.61
2	5	5	4	4	2	20	13.16
3	11	11	5	4	10	41	26.97
4	7	10	13	13	11	54	35.53
5	3	3	6	10	8	30	19.74
Total	29	31	<b>29</b>	32	31	152	100.00

**Session:** SARAC, Internet Grooming/Sexting Tuesday 19th Dec Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

### 1. How you found the workshop

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	1	1	0	2	1.43
2	0	1	2	5	0	8	5.71
3	5	4	8	6	6	29	20.71
4	19	14	13	10	10	66	47.14
5	3	10	5	9	8	35	25.00
Total	27	<b>2</b> 9	29	31	24	140	100.00

### 2. How you found the delivery of the presentation by the speaker(s)

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	0	1	0	1	0.71
2	0	1	1	2	0	4	2.86
3	1	3	7	12	3	26	18.57
4	13	14	12	5	7	51	36.43
5	13	11	9	11	14	58	41.43
Total	27	29	29	31	24	140	100.00

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	3	2	0	5	3.57
2	1	1	4	2	0	8	5.71
3	12	6	12	10	5	45	32.14
4	9	13	7	9	9	47	33.57
5	5	9	3	8	10	35	25.00
Total	27	29	29	31	24	140	100.00

## Session: YMCA, Body Image Monday 18th Dec

Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

### 1. How you found the workshop

<i>`</i>	1						
Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	4	0	2	6	4.35
2	0	0	0	1	1	2	1.45
3	1	2	8	1	3	15	10.87
4	16	12	11	18	8	65	47.10
5	5	11	8	11	15	50	36.23
Total	22	25	31	31	<b>29</b>	138	100.00

## 2. How you found the delivery of the presentation by the speaker(s)

Session	1	2	3	4	5	Total	%age
Scores							
1	0	1	2	0	2	5	3.62
2	0	0	2	1	0	3	2.17
3	3	3	6	2	3	17	12.32
4	11	11	13	13	8	56	40.58
5	8	10	8	15	16	57	41.30
Total	22	<b>25</b>	31	31	<b>29</b>	138	100.00

## 3. If you consider you have learnt new information from the session.

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	5	0	3	8	5.80
2	2	3	5	2	1	13	9.42
3	2	7	8	3	3	23	16.67
4	8	7	9	17	10	51	36.96
5	10	8	4	9	12	43	31.16
Total	22	<b>25</b>	31	31	<b>29</b>	138	100.00

## Session: YMCA, Body Image Tuesday 19th Dec

Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

## 1. How you found the workshop

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	0	1	0	1	0.72
2	2	0	3	0	1	6	4.32
3	5	6	7	6	6	30	21.58
4	11	16	15	13	17	72	51.80
5	7	6	5	3	9	30	21.58
Total	25	28	30	23	33	139	100.00

## 2. How you found the delivery of the presentation by the speaker(s)

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	0	1	0	1	0.72
2	0	0	1	2	2	5	3.60
3	6	2	1	6	10	25	17.99
4	5	8	15	9	10	47	33.81
5	14	18	13	5	11	61	43.88
Total	25	28	30	23	33	139	100.00

Session	1	2	3	4	5	Total	%age
Scores							
1	1	0	3	3	1	8	5.76
2	5	3	3	1	6	18	12.95
3	6	9	6	7	10	38	27.34
4	6	11	11	9	10	47	33.81
5	7	5	7	3	6	28	20.14
Total	25	28	30	23	33	139	100.00

## Session: RIOT, Drugs & Alcohol Monday 18th Dec

Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

## 1. How you found the workshop

Session	1	2	3	4	5	Total	%age
Scores							
1	2	0	1		0	3	3.37
2	0	1	0	OUT	0	1	1.12
3	2	0	1	OF	1	4	4.49
4	2	9	3	TIME	8	22	24.72
5	9	17	12		21	59	66.29
Total	15	27	17	0	30	89	100.00

## 2. How you found the delivery of the presentation by the speaker(s)

Session	1	2	3	4	5	Total	%age
Scores							
1	1	0	1		0	2	2.25
2	0	1	0	OUT	0	1	1.12
3	6	1	0	OF	0	7	7.87
4	0	8	4	TIME	6	18	20.22
5	8	17	12		24	61	68.54
Total	15	27	17	0	30	89	100.00

### 3. If you consider you have learnt new information from the session.

Session	1	2	3	4	5	Total	%age
Scores							
1	2	0	1		0	3	3.37
2	0	1	0	OUT	0	1	1.12
3	3	2	1	OF	2	8	8.99
4	6	9	6	TIME	9	30	33.71
5	4	15	9		19	47	52.81
Total	15	27	17	0	30	89	100.00

## Session: RIOT, Drugs & Alcohol Tuesday 19th Dec

Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

## 1. How you found the workshop

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	0	0	0	0	0.00
2	0	0	0	0	0	0	0.00
3	8	1	2	3	0	14	11.29
4	13	4	5	6	0	28	22.58
5	11	13	14	21	23	82	66.13
Total	32	18	21	30	23	124	100.00

## 2. How you found the delivery of the presentation by the speaker(s)

Session	1	2	3	4	5	Total	%age
Scores				-			750.85
1	0	0	0	0	0	0	0.00
2	0	0	0	0	0	0	0.00
3	3	0	1	0	0	4	3.23
4	10	3	3	9	2	27	21.77
5	19	15	17	21	21	93	75.00
Total	32	18	21	30	23	124	100.00

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	0	0	0	0	0.00
2	1	0	0	0	0	1	0.81
3	10	1	2	2	3	18	14.52
4	9	6	5	10	4	34	27.42
5	12	11	14	18	16	71	57.26
Total	32	18	21	30	23	124	100.00

## Session: SSNFMH, Mental Health Monday 18th Dec

Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

### 1. How you found the workshop

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	0	3	6	9	6.98
2	0	1	1	0	0	2	1.55
3	10	4	9	0	7	30	23.26
4	15	14	10	3	12	54	41.86
5	7	4	11	5	7	34	26.36
Total	32	23	31	11	32	129	100.00

## 2. How you found the delivery of the presentation by the speaker(s)

						<u> </u>	
Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	0	1	4	5	3.88
2	0	1	3	2	2	8	6.20
3	6	4	7	0	4	21	16.28
4	19	7	8	2	11	47	36.43
5	7	11	13	6	11	48	37.21
Total	32	23	31	11	32	129	100.00

## 3. If you consider you have learnt new information from the session.

Session	1	2	3	4	5	Total	%age
Scores							
1	1	1	1	1	6	10	7.75
2	9	1	3	0	2	15	11.63
3	7	5	7	1	9	29	22.48
4	9	9	10	4	9	41	31.78
5	6	7	10	5	6	34	26.36
Total	32	23	31	11	32	129	100.00

## Session: SSNFMH, Mental Health Tuesday 19th Dec

Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

### 1. How you found the workshop

Session	1	2	3	4	5	Total	%age
Scores							
1	0	2	0	1	4	7	4.73
2	3	7	2	1	1	14	9.46
3	15	13	5	5	1	39	26.35
4	13	8	10	11	19	61	41.22
5	0	2	12	9	4	27	18.24
Total	31	32	29	27	29	148	100.00

## 2. How you found the delivery of the presentation by the speaker(s)

Session	1	2	3	4	5	Total	%age
Scores							
1	0	2	0	1	3	6	4.05
2	0	3	0	1	1	5	3.38
3	4	12	5	4	4	29	19.59
4	20	12	10	10	17	69	46.62
5	7	3	14	11	4	39	26.35
Total	31	32	29	27	29	148	100.00

Session	1	2	3	4	5	Total	%age
Scores							
1	3	4	0	1	5	13	8.78
2	4	10	1	1	0	16	10.81
3	12	11	7	7	5	42	28.38
4	7	5	8	13	13	46	31.08
5	5	2	13	5	6	31	20.95
Total	31	32	29	27	29	148	100.00

## Session: BACT, Health & Fitness Monday 18th Dec

Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

### 1. How you found the workshop

					1	1	
Session	1	2	3	4	5	Total	%age
Scores							
1	0	1	0	1	2	4	2.72
2	4	0	1	3	1	9	6.12
3	5	5	1	3	1	15	10.20
4	13	13	12	9	6	53	36.05
5	8	11	15	13	19	66	44.90
Total	30	30	29	29	29	147	100.00

## 2. How you found the delivery of the presentation by the speaker(s)

Session	1	2	3	4	5	Total	%age
Scores							
1	0	0	0	0	2	2	1.36
2	1	0	0	2	0	3	2.04
3	5	2	0	6	1	14	9.52
4	13	11	12	7	1	44	29.93
5	11	17	17	14	25	84	57.14
Total	30	30	<b>29</b>	<b>29</b>	<b>29</b>	147	100.00

### 3. If you consider you have learnt new information from the session.

Session	1	2	3	4	5	Total	%age
Scores							
1	1	1	0	2	1	5	3.40
2	11	0	4	1	1	17	11.56
3	10	7	5	6	4	32	21.77
4	3	14	8	10	3	38	25.85
5	5	8	12	10	20	55	37.41
Total	30	30	<b>29</b>	29	29	147	100.00

## Session: BACT, Health & Fitness Tuesday 19th Dec

Using a scale of 1-5 where 1 = poor and 5 = excellent please indicate :

## 1. How you found the workshop

Session	1	2	3	4	5	Total	%age
Scores							
1	3	Mixed	2	0	0	5	3.65
2	1	With	3	1	1	6	4.38
3	9	Session	6	2	2	19	13.87
4	19	One	6	7	11	43	31.39
5	15		17	18	14	64	46.72
Total	47	0	34	28	28	137	100.00

## 2. How you found the delivery of the presentation by the speaker(s)

Session	1	2	3	4	5	Total	%age
Scores							
1	0	Mixed	0	0	0	0	0.00
2	0	With	5	0	0	5	3.65
3	7	Session	5	3	5	20	14.60
4	22	One	6	8	6	42	30.66
5	18		18	17	17	70	51.09
Total	47	0	34	28	28	137	100.00

Session	1	2	3	4	5	Total	%age
Scores							
1	6	Mixed	3	0	0	9	6.57
2	4	With	6	2	2	14	10.22
3	12	Session	4	3	7	26	18.98
4	16	One	6	7	11	40	29.20
5	9		15	16	8	48	35.04
Total	47	0	34	28	28	137	100.00

## Session: SARAC, Internet Grooming/Sexting Monday 18th Dec

Good

I new quite a lot of stuff you said today

None Comments, (22 responses)

Very interesting, (2 responses)

Great

I would recommend the use of newer videos

Very good advice

Merry Christmas, (2 responses)

Brilliant session learnt a lot

Educational

We are taught all of this in primary school. I think we are being treated as if we are fooloish enough to do this

Do you have a question for me?

Laura explained it very though and well

Too much sitting and listening

I have seem so many of this presentations. Why do we keep getting them?

I learnt lots of useful information and it was presented really well and clear

Presented with some good videos

It gave me good advice on what to do if any of this happens to me. Told what websites I can visit for information on it all

Interesting video

Make presentation more interactive

The videos were interesting and I learnt more from them

Could make some of the videos more interesting by the addition of pictures and colours

Very good

Think about peoples situations you never know

Very inspirational and useful information

Could have been more engaging

Very informative

## Session: SARAC, Internet Grooming/Sexting Tuesday 19th Dec,

Well presented
Learnt that if someone is in trouble then you can help
Thank you
I like the inclusion of places were you can go for help
None, (7 responses)

It was very good, (3 responses)
Really informative, (2 responses)
It was good that we were reminded about CSE
Good to talk to
The videos were really good that can help people
It was eye opening
It was helpful
It could have been a little more lively and fun, (2 responses)
More interaction

## Session: YMCA, Body Image Monday 18th Dec

Learnt a lot, thank you

Great

Spoke too slow, need to speak a little faster and more interesting, (2 responses)

No it was fine

None, (18 responses)

Very interesting

Peter described it well

It made me more self aware

Very good, (2 responses)

I found it interesting and fun

This was more interesting than the other two sessions I attended, (2 responses)

Pressurised to write negative things about myself

I think that it was very well presented and was fun. I learnt advice and information

Real nice person

Nice workshop mate

The presentation was well read and there was a lot of opportunities to ask questions, talk and role play

It was fun

Helped build some of my confidence

## Session: YMCA, Body Image Tuesday 19th Dec

I am weird

The flashing of the lights distracted me and hurt my eyes otherwise would have marked a 4 throughout

Very good, (2 responses)

Very interactive, (2 responses)

I enjoyed it and it was fun, 92 responses)

I really lack confidence and its problems with my anxeity

Good but I feel no different, (2 responses)

Presenters understanding

Good

Made me think

The activities were fun and also educational

Body image explainedx and gone into detail and throughly

None, (4 responses)

Didn't learn much / Presenter scared me when he whacked the desk

Would have been good if a youth worker gave the presentation and gave real life experiences

It was a very good lesson and everyone was able to work together

Very nice peopleng the talk

It was fun and not boring

Thank you for coming and presenting it to us. Is was well presented

Helpful

That was good workshop

## **Session:** Drugs and Alcohol Monday 18th Dec

None, (9 responses)

Best session by far. Really touched me and I learnt a lot from it

Thanks

Thanks for everything

Congratulations on opening up so well on a sensitive subject

### Session: Drugs & Alcohol Tuesday 19th Dec

Good luck with the recovery, (2 responses)

Thank you, (4 responses)

This was a good session, very touching

Extremely inspirational, (2 responses)

Very good / good, (2 responses)

Good for advice

They did a good job of the presentations

None, (5 responses)

I was fasinated with this session. They were great presentations

Deep topic

Very well presented thank you for sharing your experiences. It has taught me more information

Lot of true stuff and emotional as well

Great stories, learnt a lot / lessons

Well delivered and effective

It made me think about drugs and alcohol

Its good to hear things that really happened and how it changed their lives

Taught me not to do anything I don't know what it is

## Session: SSNFMH, Mental Health Monday 18th Dec

None, (22 responses)

Very good

It was presented very well and was fun and interactive and I learnt new things

Learnt what helps when under stress

Very useful as a victim of stress, ptso and social anxiety. This session has really helped

Depressing

Awesome workshop

Could be more interactive and get everybody involved in the discussions

What do I do if counselling doesn't work

It was a good lesson, I think

It was a good workshop

You have gotta roll with it, Have a good Christmas

Great loved it

I learnt new things

No further queries, thanks

It was fine

I learnt new things

## Session: SSNFMH, Mental Health Tuesday 19th Dec

None, (9 responses)

Alright session

Decent

Very good

One presenter contridicted everything said

It was fun and I learnt a lot

Fun activities

Got a better understanding of stress and how to empty your "bucket", (2 responses)

Will definitely help with exams coming up, booklet useful

Talk and do less on what is stressful

Thanks for your time and it was very well presented

Good fun and had a laugh

Talk to people about things you are worried about

That I understand stress a bit more. I also get it as well

Thank you

Boring, Never had stress

## Session: BACT, Health & Fitness Monday 18th Dec

None, (21 responses)

It was a very good presentation then letting us practice, (2 responses)

Make it more interesting because the presentation was boring

I would have liked to have done the excercises in my PE kit not school uniform, (3 responses)

The activities were enjoyable and everyone got to have a go, (2 responses)

Would be better to do the exercises outside

Already knew it

Well done

Very good

Nice teacher

I loved it

Learnt about different diets and what for

Sound

Please don't suggest girls are weaker than boys. Other than that the presenters were sound

Non sexist teacher would be amazing

It was fun, (3 responses)

I loved this workshop

It was a good session

Clough out

Great

Activity in strength tests would be appreciated

Good workout

I don't like PE, sorry

Very encouraging and created a challenge

Very engaging

Best session yet

## Session: BACT, Health & Fitness Tuesday 19th Dec

None, (8 responses)

This was great

Real fun, (3 presenters)

Good presenter, (2 presenters)

It was fun and interesting, (2 responses)

**Excellent show** 

Thank you learnt new things to keep ourselves fit

Good session, (2 responses)

Very good / good, (4 responses)

Great

I am fat

Loved this

Very helpful. Gave insight to health and fitness. Was fun to listen to and was presented well

Importance of sleep, (2 responses)

I don't like press ups

Decent

Good workshop and a good presentation was delivered

Really good and funny learnt a lot about diet and exercise

Liked the information on the food plate and the importance of exercise